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## A chemometric study on the chemical and nutritional profile of *Fucus spiralis* L. juvenile and mature life-cycle phases

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*Fucus spiralis* L. is an edible brown macroalga with a wide distribution range, including coastal Europe, Atlantic Islands, North America, Morocco and Western Sahara [1]. It is very rich in fibre, minerals, phlorotannins, sterols and fatty acids, which are associated with its nutritional value [2], and exhibits significant pharmacologic proprieties, presenting not only antioxidant and anti-inflammatory activities but also cardio protective, anti-obesity and antidiabetic effects [3]. Nevertheless, the chemical profiles of *F. spiralis* life-cycle phases have not been explored. Therefore, the main goal of this research was to assess the *F. spiralis* chemical composition in juvenile and mature phases by GC-MS analysis, and to identify the differences and/or similarities using the principal component analysis (PCA) tool.

The GC-MS profiles of each life-cycle phase as well as important data to improve the use of *F. spiralis* are disclosed. In both phases, alkanes, fatty acids, alditols, sterols, monoglycerides and  $\delta$ -tocopherol were identified, although the content of each compound and/or class of compounds is life-cycle phase dependent. For example, desmosterol and stearic acid are produced exclusively in the juvenile phase and the sterol content in the juvenile phase is statistically lower than in mature phase. Moreover, the content of 1-palmitoylglycerol and 1-oleoylglycerol in *F. spiralis* is higher in juvenile phase being these compounds reported for the first time in this seaweed. Simultaneously, PCA allowed the differentiation between the analysed *F. spiralis* life-cycle phases along with the detection of the compounds that contribute to this distinction (Fig. 1). Our study confirms that *F. spiralis* is a source of phytochemicals with recognised health benefits so its use in dietary is recommended. But, its life-cycle phase should be considered before the collection moment.

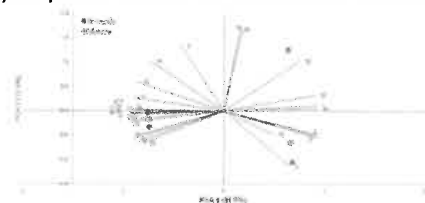


Fig.1. Score plot of the PC 1 vs. PC 2.

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## Impact of ion exch

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Ion exchange resins pre groups, electrically neut Cationic resins in acid cy Wine for wine treatment in order to get an equilib percentage of untreated In this study was used exchange resin. The aim c phenolic composition, mi The experiment was carri 30% (total of 1000L). Con chromatic characteristics phenols, flavonoids and n the phenolic profile was d was performed by a traine aroma (aroma intensity, fi bitterness, flavour intensit (ISO 4121, 2003).

Red wine treated with ion compared to untreated or ion exchange resin (Table resins seems to improve sc

	Wine Sar
Control	
Resin	

Table 1. Calcium, magnes

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### Acknowledgements

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